



# The Rule of Benedict

By Dickens Charles

Paperback. Book Condition: New. Not Signed; Description: 'Idleness is the enemy of the soul'. Saint Benedict's advice to monks - on everything from correct posture to the value of silence - has offered spiritual guidance to many for fifteen centuries. One of 46 new books in the bestselling Little Black Classics series, to celebrate the first ever Penguin Classic in 1946. Each book gives readers a taste of the Classics' huge range and diversity, with works from around the world and across the centuries - including fables, decadence, heartbreak, tall tales, satire, ghosts, battles and elephants. book.

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