



The Deep Earth Rooting Workbook - Attunement to Gaia Consciousness (Paperback)

By Storm Khandro Moon

Lulu.com, United Kingdom, 2015. Paperback. Book Condition: New. 280 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Deep Earth Rooting is a subtle energy alignment system that facilitates a deep connection with Gaia and cosmic consciousness. It achieves this by using a series of mantras and symbols in a similar way to Reiki. It also uses subtle energy exercises and visualisation to help integrate the alignment into your daily spiritual practice. If we attune ourselves to Gaia's energy field, she will act like a giant antenna bringing in spiritual signals from other levels of reality. This will allow us to journey and communicate with advanced beings and gain great spiritual and practical knowledge. The last time on Earth this happened was during the Golden Age of Atlantis. This book includes links to a multimedia attunement on YouTube and exclusive resources on Google Docs. These include a PDF version of this manual which you can share and print for non-commercial use, detailed images of the symbols, mp3 guided meditations and more.

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