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Back to Me: Changing How I Feel about My Mother, My Body, and Men (Paperback)

By Camilla Dorand

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*****.In her gripping memoir of love, loss, and survival, Camilla

Dorand recounts the events of her life, from her childhood in Brazil to the present day. Essentially, it is the tale of a young woman struggling to understand herself in today's chaotic and

confusing world. The themes of the tale are practically universal to all women - discovering how to navigate

romances with integrity, learning to love oneself in spite of

negative body image, finding meaningful and fulfilling work, and coming to terms with mother-daughter relationships. Like

so many, young Camilla is pulled away from her own authentic self through the trials and tribulations that life throws at her. But with tenacity and persistence, she finds her way Back to

Me. In the drama that unfolds through her life story, readers

will be taken along on a journey that includes the highest highs and lowest lows. In her relationships with men, for example,

she experiences the brightest light and the darkest shadows. While her father remains a steadfast, kind, and loyal guide

through her...



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