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No-Talk Therapy for Children and Adolescents

By Martha B. Straus

W. W. Norton & Company. Hardcover. Book Condition: New. Hardcover. 256 pages. Dimensions: 8.2in. x 6.4in. x 1.0in. An innovative approach to treatment of young clients who wont or cant respond to conversation-based therapy. Weaving practical, hands-on ideas with theory and research about child development, child treatment, and the therapeutic relationship, this book describes an innovative approach to treatment of children and adolescents who wont or cant respond to traditional, conversation-based therapy. Within an interpersonal and developmental framework, Martha Straus spells out the deceptively simple goals of no-talk therapy: someone to be close to, and something to be proud of. As Straus demonstrates in her case examples, no-talk children fit many diagnostic pictures. Many start out hesitant about the whole enterprise of therapy, and a few remain intractably detached despite the therapists best efforts to engage them. For some, the interpersonal requirements of problem-talk or play therapy are well beyond their developmental level. Others may have an abundance of talking and playing skills and be determined not to use them. Most have had lives that are unspeakably hard. Ironically, traditional therapy, with its most fundamental purpose of helping children feel better, is painfully uncomfortable for no-talk children and adolescents. For these...


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