



Confidence Hacks: 99 Small Actions to Massively Boost Your Confidence (Paperback)

By Barrie Davenport

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Boost Your Confidence Daily Want to feel more self-assured and motivated in your career? Have you had difficulty speaking up for yourself or saying what you feel? Ready to feel good about who you are, how you look, and your ability to make things happen? Right now, you have goals and dreams for your life. You have many skills, talents, and plenty of intelligence. But sometimes a lack of confidence holds you back from taking action, being your best self, and achieving the success in your work, relationships, and life that you deserve. Every single day, you CAN take small actions to rebuild your confidence so that over time, you emerge as a new person - someone who knows they have what it takes and isn't afraid to go for it. With an arsenal of small tools at your disposal, you can build a powerful confidence foundation to support you and keep you on track for ongoing success. Big Hacks + Small Actions = A Confident New You Most people lack confidence in some area of their...



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