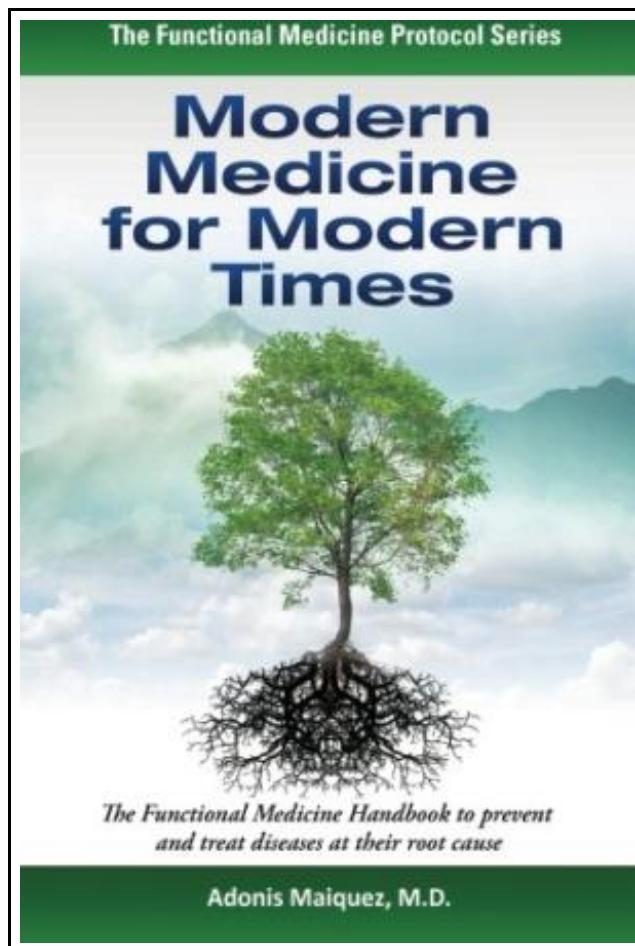


## Modern Medicine for Modern Times: The Functional Medicine Handbook to Prevent and Treat Diseases at Their Root Cause (Paperback)



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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The practice of Medicine has changed dramatically over the last few hundred years. From its rudimentary beginnings, to a very detailed understanding of the human body functioning and anatomy, our current knowledge of the human being has never been so profound. Not only the medical sciences have evolved, but also many others like chemical, agricultural, astrological and physics just to name a few. The modernization of our way of life has brought comfort and improved our survival but at the same time has created an environment that is very detrimental to our health. This modern world full of radiation, toxicities, antibiotics and hormones fed to animals, genetically modified foods and other insults has created an epidemic of chronic diseases, like Obesity, Diabetes, Heart Disease, Cancer, Auto-Immune, Neurologic, Psychiatric and Respiratory diseases. Even diseases that were rare before like Autism and Fibromyalgia are rampant nowadays. Unfortunately, medicine has faced these serious challenges by using more and more chemical prescription (and over-the-counter) medications. Some of them have been very helpful but most of them have just created more insult to our already damaged bodies. These medications cause side effects, nutritional depletion and interact between each other creating sometimes more trouble than benefits. This book, Modern Medicine for Modern Times, is an introduction to a type of medicine that addresses the root causes of diseases. The book explores the history of Medicine, Pharmaceuticals and the emerging of Functional Medicine as a science. This type of Medicine goes beyond the complaint, disease or finding in a test or scan. It addresses the Why and solves it at its origin. Most of the chronic diseases of modern times have common causative factors on...

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